



INTRODUCTION

Everything is meaningless under the sun. There is no progress. There is no satisfaction. There is nothing new. No one will ever remember that you existed. Everything is meaningless.

INSTRUCTIONS

This guide is meant to facilitate discussion which will lead to a response to God's word. Therefore, please use it as tool that best fits the needs of your community group.

OPENING DISCUSSION

- Read **Ecclesiastes 1:1-11**
- What do you find interesting/compelling/confusing about this passage?
- Are you planning to avoid church service until the Ecclesiastes series is over?

REVIEW

- What is Qoheleth's main point in Ecclesiastes?
- What does vanity mean?
- What does the phrase "under the sun" mean?
- What are the four reasons he give for the meaningless of life under the sun?

APPLICATION

- In what ways does Solomon's proclamation ring true in your life?
- What do you do that seems monotonous and unending?
- Why do we always think true happiness will be found in something we lack right now?
- What are some ways that the world seems restless and unsatisfied with life? (see v8)
- When your gaze is focused 'higher than the sun', how does that perspective differ from someone whose gaze goes no higher than the sun? In what ways is life with God different than life without God?
- How does Christ bring significance and meaning to all our actions, including the ones that seem mundane?
- Will you accomplish anything in life that really matters and will have lasting impact? Discuss.

PRAYER (divide the group based on gender if desired)

- What action/repentance does God want you to take according to the truths of this text?
- Are there any other prayer needs