



INTRODUCTION

After asking his disciples to pray, Jesus honestly and openly prays to the Father. In his prayer, Jesus provides an example for us of how to prepare our hearts for trials with honesty and submission to the Father. He shows us that prayer is essential to the Christian life.

INSTRUCTIONS

This guide is meant to facilitate discussion which will lead to a response to God's word. Therefore, please use it as tool that best fits the needs of your community group.

Please devote extra time in prayer this week

OPENING DISCUSSION

- Read **Luke 22:39-46**
- What do you find interesting/compelling/confusing about this passage?

REVIEW

- How does the Father answer Jesus' prayer?
- What does Jesus teach us about the nature of submission in his prayer?
- What do we learn about the weight of the cross through the agony of Jesus in the garden?
- Why does Jesus call the disciples to prayer?

APPLICATION

- What surprises you about how Jesus submits to the will of the Father?
- How can you submit to God, when his plan is hard and painful?
- Have you ever been strengthened through prayer (yours or others)? Discuss.
- Why does Jesus teach us to pray by asking our Father to "lead us not into temptation?" Why is that necessary?

PRAYER (divide the group based on gender if desired)

- What action/repentance does God want you to take according to the truths of this text?
- Are there any other prayer needs